



Official Newsletter of the Australian Learning Communities Network

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Autumn Issue

Tarneit Library

Wyndham City Council would like to share some early news about our Julia Gillard Library in Tarneit which opened in mid-December.

[Read more](#)

Some Ideas

- From Wyndham Library
- From Glenelg Library

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Building a New Life

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The Institute's Director, Anne Hollonds said highlights from the first wave of data from the five-year study were now available in an accessible format for policymakers, non-profit organisations and the public.

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She thought the launch of the 2015 Castlemaine Children's Literature Festival (CCLF) was the perfect place to give it a go.

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Pass IT On

A program for older people involving younger volunteers

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The Reading and literacy for all strategic framework

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University Regional Engagement

The ability of universities to drive innovation is dependent on effective engagement with companies and other external organizations

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Rockingham Arts Centre

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[Read more](#)

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Although population ageing is overwhelmingly a good thing, representing a healthier population overall and a longer more productive lifespan for most, it also means an increase in elder abuse. There is little public awareness of the extent and nature of elder abuse. Consequently, it is rarely recognised even by those who may be perpetrating or on the receiving end of it.

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Opening of the Julia Gillard Library Tarneit

Wyndham City Council would like to share some early news about our Julia Gillard Library in Tarneit which opened in mid-December.

In its first 2 weeks we had 9,527 visitors and 17,067 loans were issued. Library staff also checked in 9,790 items for distribution across the library service.

The public computers and WIFI have also proved very popular with 794 individual bookings to use a computer and 1069 uses of the WIFI network.

Since opening 627 people have attended a library program, the most popular being library tours and makerspace activities. 151 people have also attended introductory library story time programs.

In 2016 a great range of programs for every life stage will be offered from all 5 Wyndham City Library branches. Our library programs and events will surely continue to be among our most popular services; you are invited to find out more at www.wyndham.vic.gov.au/libraries or to call your local branch.



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Ideas from the Wyndham Libraries

Movie Club

Mad about movies? Enjoy talking about them with others?

Then join us each month for the movie club! Light supper provided. Bookings required.

Wyndham Vale Library:

Tuesday 16 February

Tuesday 15 March 6pm - 9pm

Julia Gillard Library Tarneit:

Wednesday 24 February

Wednesday 23 March

Malay Performance & Cultural Lunch

Join us for a special performance to celebrate the end of Cultural Diversity Week at Tarneit Library. Firstly a cultural performance by the Australian Malay Foundation followed by a community lunch at the Tarneit Community Learning Centre. Bookings required.

Julia Gillard Library Tarneit

Wednesday 23 March

11.45am performance 12pm - 2pm community lunch

Library eBooks (one on one)

A one on one session focusing on how to download library eBooks. Bring your own device to use if you have one, for example an eReader, tablet or an iPad.



Solving puzzles on a regular basis is highly beneficial for improving and maintain good brain health.

The Clue Detective's Online Puzzles Portal makes it very easy to access great intellectually stimulating games wherever you are. Play puzzles online while:

- relaxing at home
 - during your daily commute to work
 - as part of your visit to your local public, or school library
 - even while having a coffee at your favourite café
 - Solve Clue Detective puzzles on your PC, laptop, iPad or print them out to solve them in the traditional way.
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Humanitarian migrants “Building a new life” in Australia

Media Release — 28 January 2016



The Australian Institute of Family Studies today released a new fact sheet detailing key findings from a groundbreaking study on the settlement of humanitarian migrants.

The report, *Building a New Life in Australia* is the first large-scale study in a decade involving 2,400 immigrants in all states and territories in Australia.

The Institute’s Director, Anne Hollonds said highlights from the first wave of data from the five-year study were now available in an accessible format for policymakers, non-profit organisations and the public.

“This fact sheet provides the key findings in an easy to read format that will contribute to a greater understanding of the settlement journey of humanitarian migrants from their arrival in Australia through to their eligibility for citizenship,” she said.

The Institute’s Manager of Longitudinal Studies, Dr Ben Edwards said the study’s findings highlighted the complex lives and diverse range of experiences of humanitarian migrants.

“The study involves participants from 35 countries, including from the Middle East, Asia and Africa and ranging in age from 15 years to over 80 years old,” he said.

“It found that humanitarian migrants reported having relatively low levels of English or education prior to arrival in Australia.

“The majority also reported they or their family members had experienced traumatic events prior to migrating including war, persecution or extreme living conditions and many were now separated from their families.

“A number of positive findings also emerged including a high uptake of English language classes and improvements in English proficiency, improvement in health and that they felt a sense of belonging and being welcomed in Australia.”

The Building a New Life in Australia 2015 Fact Sheet highlights:

Education and Employment

70 per cent of new arrivals are either working or studying, mainly to gain English language skills

7 per cent of migrants reported being employed.

Housing

Many have struggled to find housing, 40 per cent said it was ‘hard’ and another 35 per cent ‘very hard’, mainly due to the cost, language difficulties or not having references

Around one-third of migrants had moved multiple times

Almost a half reported their current housing arrangement was either temporary or a short-term lease of 6 months or less.

Health and life satisfaction

13 per cent said their physical health was ‘poor’ or ‘very poor’

89 per cent reported they or their immediate family had experienced at least one type of traumatic event prior to arrival

35 per cent of men and 45 per cent of women were at moderate or high risk of psychological distress compared to 7 per cent of men and 11 per cent of women in the general population

About one quarter said they were experiencing many problems or stressors and about the same number said they were ‘not coping well’.

Family

About half reported having had family in Australia when they arrived and 24 per cent had friends from where they used to live

Around half of the migrants were waiting to reunite with family currently in another country.

Sense of Belonging

80-90 per cent said that so far, their experience of settling into Australia has been ‘good’ or ‘very good’

5 per cent had experienced discrimination.

Read the Building a new life in Australia (BNLA) Fact Sheet: Settlement experiences of recently arrived humanitarian migrants (<https://aifs.gov.au/publications/settlementexperiences-recently-arrived-humanitarian-migrants>)

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Castlemaine's Award Winning Book Dominos!



Jess Saunders, Library Officer at the Castlemaine Library, loved the idea of book dominos when she saw what the Seattle Public Library (current world record holders) had done.

She thought the launch of the 2015 Castlemaine Children's Literature Festival (CCLF) was the perfect place to give it a go.

The books used were collected and hoarded for about two months prior to the launch and the dominoes were set up by a team of 6 volunteers from the CCLF committee including Jess, who led the project (and worked out how to do things like spell CCLF and make the books go up stairs).

565 books were used (a quarter of what was used in Seattle) and we ended the chain with an on the spot piece of wicked engineering involving a ruler, an encyclopaedia volume and a plastic cup full of confetti!

The audience, young and old enjoyed the spectacle - and people have commented on how they loved a bit of old fashioned fun and wonder!

Last week, the short film made by Liam Lynch to document the fall of the book dominoes won a **Highly Commended award at the Castlemaine Local and International Film Festival** - a very proud moment for all involved!

[Watch the book dominoes in action!](#)

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Co-Parenting: it's all a bit of a juggling act, but all in the name of love

[Australian Seniors Insurance Agency](#)

2 February 2016

Source: [Australian Seniors Insurance Agency](#)

[Link to Resource](#)

Grandparents in Australia are being increasingly called upon to help take care of their grandchildren, according to this report.

Summary

It's said the world over that being a parent is one of the best things you'll ever do. But being a grandparent is on a whole other level, one that has all the good bits and the luxury of time to enjoy them. But just how much time is going towards helping to raise the next generation and how much do Australians as a whole rely on this ongoing labour of love?

Putting such theories to the test, we surveyed 1,000 Australians over 50 about the impact of modern life in order to gain some valuable insights into trends among our aging population. And the results were surprising to say the least. For example, how are Aussies over 50 using technology and coping with their expanded new role as go-to care-givers for the grandkids? Just fine, thank you very much. In fact, the two may well be inextricably linked!

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Community food systems create sustainable economies

The Obama Administration is to partner with 27 communities to boost neighborhood revitalization through local food enterprises - [Local Foods, Local Places](#) - to empower creative economic development in rural and urban communities in 22 states.

Today, on behalf of the White House Rural Council, six federal agencies joined together to announce the selection of 27 communities in 22 states that will participate in [Local Foods, Local Places](#), a federal initiative that helps communities increase economic opportunities for local farmers and related businesses, create vibrant places and promote childhood wellness by improving access to healthy local food.

Developed as a partnership between USDA, the U.S. Centers for Disease Control and Prevention, the Environmental Protection Agency, the Department of Transportation, the Appalachian Regional Commission, and the Delta Regional Authority, this initiative is part of the White House Rural Council's [Rural Impact](#) work to improve quality of life and upward mobility for children and families in rural and tribal communities.

Source: [USA News Release...](#)

The [Center for Governmental Studies at Northern Illinois University](#) hosted a capacity-crowd workshop on leveraging local food movements in building resilient communities. Various models for markets were featured as well as opportunities for creative economic development.

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Community West Learning Link

In February 2015, Community West Victoria initiated the **Learning Link School Partnership Program**, partnering with four local schools to deliver English language classes for parents. The program targets parents who face difficulties with English language and literacy and seeks to address the challenges schools face engaging with parents because of language or cultural barriers.

Learning Link is delivered as a fully accredited English as an Additional Language (EAL) course, tailoring the activities to suit the needs of the parents, with a focus on school and local community involvement. Upon completion of the course, parents are able to obtain an Accredited Certificate or Statement of Attainment, which can be used towards their employability and/or further studies.

Feedback from the program has been positive, highlighting increased self-confidence and involvement with the school community events and their children's education: *"In our English class we listen to the teacher. We are learning English and do spelling, reading, speaking, listening and writing. It is good to learn at the same school as our children. We learn more about the school. I am very happy to come back to class next year."* – Akuet, parent from Marian College

In 2016, Community West Victoria is expecting to offer the program in more schools in the Brimbank area and extend the program to the Moreland region. For more information, please contact Vivian vtran@communitywest.org.au

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pass IT on

A Digital Literacy Program for Older Victorians



Keep in touch with family and friends!
Impress the grandchildren!

- ◆ Learn about the latest technology
- ◆ Choose what you want to explore
- ◆ Meet new people over a cuppa

YouthNow's 'pass IT on' program is free for all older Brimbank residents. Sessions are held at the Sunshine, St Albans, Deer Park, Keilor and Sydenham libraries. Come to as many sessions as you like. Young volunteers are available to assist with the latest technology. In turn, we ask you to share your knowledge, experience, or stories with the young volunteers, or with your own family or friends. Equipment available or bring your own.



Free sessions in how to use:

- ◆ Facebook
- ◆ Skype
- ◆ Email
- ◆ Texting
- ◆ Internet
- ◆ Online Services
- ◆ Google Maps
- ◆ Android Tablets & iPads
- ◆ and much more...

YouthNow

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 facebook.com/YouthNowAustralia



ENQUIRIES AND REGISTRATION APPLICATIONS TO:

Bill O'Connor or Kathleen How

Phone: 8311 5800 Mobile: 0408 629 409

Email: info@youthnow.org.au

or visit us at the Visy Cares Hub
80B, Harvester Road, Sunshine

YouthNow acknowledges the support of the Victorian Government.

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Good beginnings: getting it right in the early years

Review of the evidence on the importance of a healthy start to life and on interventions to promote good beginnings

[Lance Emerson](#), [Stacey Fox](#), [Charlene Smith](#)

30 October 2015

Source: [The Lowitja Institute](#)

[Link to Resource](#)

[Download file](#)



This publication is a compendium of three papers commissioned as part of the Stewardship Dialogues for Aboriginal and Torres Strait Islander Health, a project of the Lowitja Institute.

The first two were written to inform the discussion during the Stewardship Dialogues and the third was written after the Dialogues to address an identified need for decision makers to have access to a more systematic review of the evidence about the effectiveness of different interventions. These papers review the evidence on the importance of a healthy start to life and on interventions to promote good beginnings.

The Stewardship Dialogues for Aboriginal and Torres Strait Islander Health were established to test if an open exploration of underlying barriers to better progress in Aboriginal and Torres Strait Islander health policy and programs can generate new ways to approach some of the 'wicked problems' of policy and implementation. Dialogue participants identified that education and early years interventions, implemented in collaboration with Aboriginal and Torres Strait Islander communities and properly adapted to their settings, held the potential to produce significant long-term effects on health and wellbeing.

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Makey Makeys and STEAM in libraries

Libraries ACT has run programs using Makey Makeys that are engaging, fun and hugely popular in the community. They are also available for use in the library's makerspace and can be used by adults to do more complex projects.

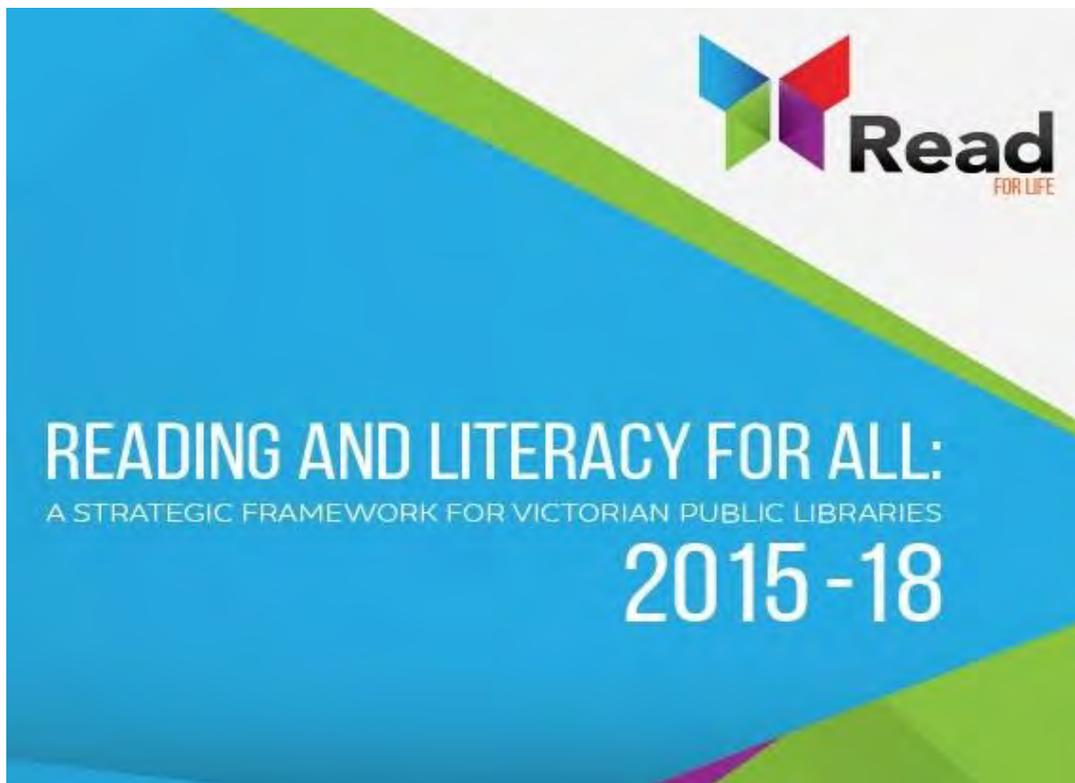
A Makey Makey is a simple programmable board that allows kids to turn everyday objects into touchpads. Makey Makeys are being used in learning and educational contexts to demonstrate and teach simple electronics and programming concepts.

As a simple invention kit they allow unlimited creative freedom and are being used by kids to control games they have built (using Scratch), play musical fruit (see this banana piano), and as collaborative arts projects.

Libraries ACT's self-managed makerspace opened recently. Current projects being worked on by attendees include – 3D design prototyping for engineering, jewellery design, mixed media work using electronics and programming and weaving with illuminated thread. Makerspaces are community-driven spaces that let you make, learn and share. They promote innovation and discovery by combining traditional science, engineering and maths fields, with art and creativity. They are ideal places to exchange knowledge and experience, collaborate and access emerging technologies. Makerspaces expand on the idea of libraries as places of knowledge collection and access, to also be places of knowledge creation.

Contact: Shruti Navathe shruti.navathe@act.gov.au

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Reading and Literacy Strategic Framework

The Reading and literacy for all strategic framework was launched in October, jointly developed by State Library Victoria and Victoria's network of 47 municipal library services and regional library corporations. It provides an overview of current library programs, identifies guiding principles and shared priorities for action, and establishes a robust approach to evaluating the impact of public libraries on Victorians' reading and literacy levels.

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Streamlined university structures for regional innovation

Background

The ability of universities to drive innovation is dependent on effective engagement with companies and other external organizations. However, university structures typically have divisions between their teaching, research and service activities, making whole of organization functions like engagement quite challenging. Effective engagement is a challenge for universities because of industry's need for a streamlined interface, or at least the need for university strategies to overcome structural barriers to whole of organization engagement with industry.

Findings

Effective university structure overseas

Examination of 16 World top 100 universities in the Northeast USA has revealed that although university structures differ remarkably, five principles for streamlined engagement with industry are followed by particularly well-engaged universities. These principles are:

- Having a senior academic leader who is primarily dedicated to engagement;
 - Having a dedicated team, centre or unit for engagement;
 - Placement of that team so that it can act across organizational boundaries;
 - Adequate staffing within that team to maintain a deep knowledge of organizational capabilities;
 - Strong collaboration internally with other supporting units (offices for research, commercialization, or legal services).
-
- **Conclusion 1:** Having a senior executive leader who is responsible for engagement is an essential component of a streamlined structure for engagement with industry. It is an indicator that a university has seriously considered how it should drive innovation and it might be one predictor for future success in driving regional business innovation to create direct line of sight between a university's engagement function and its executive management. It is also a powerful statement to all university staff, demonstrating the importance of engagement to the organization.

Conclusion 2: Having a single coordinating centre or unit to oversee whole of university engagement is an effective response to the need for industry to see a single coordinated point of entry into a university.

Australian university structures

Three of the eight Australian regional universities surveyed had a senior academic leader who was primarily responsible for the engagement function of the university, and a dedicated team or centre to undertake engagement work. This is remarkable among Australian universities, where engagement is often led and undertaken in a distributed fashion across multiple intra-organizational jurisdictions, lacking whole-of-organization coherence.

Analysis and Conclusions

Senior leadership for engagement

Although the organizational structures of all surveyed regional Australian universities reflected traditional Australian university structures, three of the surveyed universities placed a strategic emphasis on engagement by identifying a senior academic leader who is primarily dedicated to whole of organization engagement.

A coordinating centre for engagement

While all surveyed universities undertook engagement activities, three universities had formed dedicated central administration or academic faculty units to coordinate their university's engagement function. These units not only supported the implementation of organization-wide engagement activities, but they also acted as beacons for communication with other faculty or school based engagement activities.

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Rockingham Arts Centre: From Ambulance Depot to Community Arts Centre-Transformed

Submitted by [Ashley Pittard](#) on 10th December 2015



Planning for the Arts

The City of Rockingham has been working towards the establishment of a dedicated arts facility for a number of years. The need was first identified in a 1994 Regional Arts Implementation Study and since this time, it has been a recurrent theme in numerous plans and key documents. Notably a feasibility study in 2010, investigated the establishment of a large scale Contemporary and Performing Arts Complex. That feasibility examined a regional size venue with a significant schedule of accommodation. That feasibility work provided the consolidated research basis for this smaller scale project, specifically redevelopment the former St. John Ambulance Depot into a community arts center.

There were a number of rationales for this redevelopment, including:

- It wasn't financially viable for the City to develop a *full-scale* Contemporary and Performing Arts Complex (estimated market value \$75 million).
- The former ambulance depot experienced a range of occasional uses, including as a public art space, which drew positive attention from the community and surrounding businesses.
- A public arts space would provide sustainable accommodation for arts groups to come together to undertake more arts activities, forge improved relationships, and achieve a more visible presence for the arts and crafts in Rockingham.
- To offset recent closures of other public arts spaces.

The need for a public arts space was reaffirmed in a WA Department of Culture and the Arts factsheet produced in 2010, which indicated that 22% of the WA population participate in arts and cultural activities. For Rockingham at that time, that was over 23,000 and growing.

Creative Re-Use of Urban Facilities



The City had limited ability to acquire land within existing urban areas to accommodate further development of any type of civic buildings. This particular opportunity arose with the relocation of the Ambulance Service to a new venue, leaving behind an aging public service building for potential community use. In 2006 investigations – including building condition reports, asset valuations and audits – were undertaken to determine the site's suitability for public use. In 2007 the City purchased the building asset for a moderate cost and the land was vested to the City to manage with no transaction fee.

Infrastructure re-use lends itself naturally to brownfield sites and is only practical on a case-by-case basis and contingent on appropriate analysis and investigation. Importantly, landlocked or fully built-out councils should consider enhancing relationships with government agencies or similar to obtain an understanding what Crown land exists, and its long-term potential. It is also advantageous to obtain knowledge of existing land use, and endeavour to ascertain prospective operations of other government agencies. This will assist in determining whether any urban infrastructure re-use opportunities exist and, if so, be in a better position to consider future options.

Facility Design and Development

How do you turn garage spaces into art workshops and galleries?

Notwithstanding the array of artistic pursuits – from painting to pottery, sculpture to quilting – the Rockingham Arts Centre (RAC) was designed to be able to cater for many community art events, activities and exhibitions. The venue had to demonstrate that art works and exhibitions could be planned, curated, prepared, hung and installed.

Plans were hatched to give the new Rockingham Arts Centre (RAC) a 'facelift' from the drab brown-brick garage appearance. Significant community engagement informed the conceptual design, with outcomes derived from creative dialogue workshops and artistic needs assessments.

The Management Plan, formulated from a number of integrated workshops assessing the concept design, incorporated projected usage of the different areas of the facility. This projected usage had been based on the identified community demand for spaces in conjunction with analysis of existing community facilities.



The final facility design included:

- A multi-purpose space suitable for the 'doing' of visual, craft, literary and performance arts, as well as functions, meetings, etc.
- Climatically controlled display/exhibition space
- Studio spaces for casual and prolonged use by organisations and individual artists
- A sculpture workshop suitable for the construction of public artworks
- A community meeting room
- Substantial storage areas (both internal and external)
- Supporting amenities such as a kitchen, universal access toilets, wash-down and delivery areas, etc.

The functional spaces included:

- Gallery space 87m²
- 4 x studio spaces (between 7 and 17m²)
- A multi-purpose room (76m²) and meeting room (27.5m²);
- A sculpture workshop (27.5m²).

Public art was an important design component of the RAC, and Council ensured that there was a comprehensive public art collection around the building to create interest in the precinct, and demonstrate its desired use. The public art was itself symbolic of community values and the local identity. Environmental factors were also considered in the design process, specifically to increase natural light, energy savings and ventilation opportunities. (Ventilation and air control – temperature, humidity, etc. – for art galleries is an extremely prescriptive and technical process.)

Challenges

Working with a number of community arts groups and passionate individuals representing their own interests and pursuits throughout the engagement process threw up a number of challenges. This included working with a broad array of artistic pursuits that come in all shapes and sizes; use different mediums that vary in odour, noise, light requirements etc.; and require machines and lathes, heat and flames, heavy objects, audiences, space, storage etc.

At one stage in September 2012 when the project was due for completion, the City was informed that the contracted construction company had gone into administration and would not be able to fulfil their contractual obligations. This resulted in a lock-down of the site for four months and extensive negotiation and securities to allow the City to take over project management to complete the development. Works officially restarted some four months later in January 2013. Difficulties

were then encountered through a range of issues with sub-contractors who had lost money from the construction company, were unable to complete works as they had gone on to new schedules, sought compensation from the City, or even tried to bump up the price for the same piece of work to get something back. The City was steadfast and strong in continuing to inform any concerns with the previous company were to be dealt with via communication with the administrator and that all works under the City's control would be guaranteed.

Learning's

The City has derived a number of learning outcomes from this project:

1. Like any project it takes time – and if the builder goes bust it takes even longer!
2. Opportunities do exist for the rejuvenation of existing buildings at reasonable cost.
3. Creative transformation of infrastructure can deliver cost-effective, fit-for-purpose use.
4. The importance of effective engagement, and the need to provide adequate facilities for community groups such as those involved in arts and culture.
5. The role 'place activation' plays in delivering and value-adding to urban spaces.

The Rockingham Arts Centre was officially opened in August 2013. This is our story of the transformation of a disused ambulance depot to a pulsating and attractive home for community arts. It has come a long way from housing 'meat-wagons' to now being able to display masterpieces for the masses. It now activates an urban precinct, provides a home for community arts groups, and ultimately invites the community of Rockingham to develop their creative artistic flair and have positive artistic experiences.

Ashley Pittard was the Manager of Community Infrastructure Planning at the City of Rockingham (WA).

This article originally appeared in a longer form in volume 16 of the [Parks & Leisure Australia Journal](#).

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Sexting among young people: perceptions and practices

[Murray Lee](#), [Thomas Crofts](#), [Alyce McGovern](#), [Sanja Milivojevic](#)

9 December 2015

Source: [Australian Institute of Criminology](#)

Owning Institution: [Government of Australia](#)

[Link to Resource](#)

[Link to Resource](#)

Foreword

The rapid development and adoption of online digital technologies has had a profound effect on the way young people conduct their social relationships. The emergence of sexting, or the distribution of sexually explicit photos and videos, has gained widespread attention and raised moral concerns. However, there remains little policy-relevant research on the prevalence of sexting and its impact on young people.

This study provides a valuable contribution to the evidence base. In a survey of over 2,000 respondents, almost half reported having sent a sexual picture or video of themselves to another party, while two-thirds had received a sexual image. Sexting was prevalent among all age groups, with 13 to 15 year olds particularly likely to receive sexual images. Sexting was prominent among homosexual and bisexual respondents. Most sexting occurred between partners in committed relationships.

The study found very little evidence of peer pressure or coercion to engage in sexting. Rather, young people reported engaging in the practice as a consensual and enjoyable part of their intimate relationships. The paper considers the implications of this for legal and policy responses to sexting.

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Shanghai: A learning city leading by example

Shanghai has become one of Asia's most renowned learning cities. In 1999, the Shanghai Municipal Government began implementing policies to provide lifelong learning opportunities to its citizens. It is estimated that around 3,370,000 citizens a year now participate in learning programmes.

A community centre established by the Yangpu District Government, various primary schools and Siemens Corporation is a good example of how the city has created a culture of learning throughout life. The community centre provides a space for people to learn how to make handcrafts and simple electronic devices. Engineers from the Siemens Corporation regularly visit the community learning centre and share their knowledge with the students. The community centre functions as an inter-generational learning centre, as it offers programmes that are also attractive to adult learners like parents.

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Why are we abusing our parents? The ugly facts of family violence and ageism

Briony Dow

3 February 2016

Source: [Australian Institute of Family Studies](#)

Owning Institution: [Government of Australia](#)

[Link to Resource](#)

Although population ageing is overwhelmingly a good thing, representing a healthier population overall and a longer more productive lifespan for most, it also means an increase in elder abuse. There is little public awareness of the extent and nature of elder abuse. Consequently, it is rarely recognised even by those who may be perpetrating or on the receiving end of it.

Older people experiencing abuse from family members share the same experience as women suffering intimate partner violence in having someone close to them, whom they ought to be able to trust, perniciously erode their sense of safety and wellbeing through excessive use of power and control.

However, when adult children abuse their parents, feelings of parental love and responsibility coupled with shame and guilt for having “failed” as a parent often stop the parent from seeking help and protecting themselves.

The intergenerational nature of elder abuse differentiates it from other forms of family violence. It means that empowerment of older people and recognition of their rights at both a societal and individual level are crucial.

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