



**Adult
Learning
Australia**

Community-based adult learning, health and wellbeing Forum program



10:30 am – 10:50 am – Registration and morning tea

10:50 am – 10:55 am Welcome to Country – Violet Sheridan
Violet is a Ngunnawal Elder

10:55 am – 11:00 am Welcome and opening remarks
Chris McCall, President & Jenny Macaffer, CEO Adult Learning Australia

11:00 am – 11:20 am Adult Community Education: Connecting health, wellbeing, and lifelong learning
Dr Tracey Ollis – Deakin University & Vice President Adult Learning Australia

Dr Ollis is a Lecturer and Course Director at Deakin University. She has published both nationally and internationally in the areas of community development and adult education. She will explore the impact of learning in terms of welfare, health and prosperity over a lifetime.

11:20 am – 11:30 am Community driven suicide prevention
Sue Murray – Suicide Prevention Australia

Sue is the CE of Suicide Prevention Aust and the Chair of Macquarie Community College. Suicide Prevention Australia provides national leadership for the suicide prevention sector in Australia. Sue will explore suicide prevention as a shared responsibility involving all sectors and communities.

11:30 am – 11:40 am Stepped care: Beyond one size fits all
Rob Ramjan – Schizophrenia Fellowship of NSW Inc

Rob is the CEO of Schizophrenia Fellowship of NSW. Schizophrenia Fellowship is an NFP, community organisation committed to improving the welfare of people living with a mental illness. Rob will discuss the prevalence of mental illness in Australia – the social and economic impact on the community and how people experience it differently.

11:40 am – 11:50 am Better integrated healthcare for better health outcomes
Alison Verhoeven – Australian Healthcare & Hospitals Association

Alison is the CE of the Australian Healthcare and Hospitals Association, the peak body advocating for universally accessible, high quality healthcare in Australia. She will look at the links between social disadvantage and poor health outcomes, and the role of community health services in supporting integrated health and social services.

11:50 am – 12:00 pm The role of the lived experience
Rebecca Randall – Consumer Health Forum of Aust

Rebecca is a PhD candidate at the Centre for Mental Health Research at the ANU and policy officer at CHFA. She will discuss her lived experience of a mental health issue and the positive impact of the recovery model in terms of supporting a person's potential for recovery. She will also discuss young people's motivations for participating in youth mental health research.

12:00 pm – 12:30 pm – Lunch

Panel

12:30 pm – 2:25 pm **The role of ACE in mental health reform – new pathways for learning and life development**
Facilitated by Dr Robbie Lloyd – SkillsLink & Director Adult Learning Australia

Panelists

Learning for better mental health

Sam Stott, Education Coordinator – South Eastern Sydney Recovery College

Angel Nunley, Assistant Principal – City East Community College

Sam and Angel will explore South Eastern Sydney Recovery College's educational program in partnership with City East Community College, which is focussed on learning and growth for better mental health.

Marvellous mental health

Cathy Connop, Coordinator – Farnham Street Neighbourhood Learning Centre

Cathy will discuss Farnham St Neighbourhood Learning Centre's programs for people living with mental health issues. She will also talk about FSNLC classes and networks which support people to take their first steps out of supported accommodation and into the community.

Building strong connected communities

Kate Munro and Charles-Roger Oehrich, Case Workers – WEAVE Youth & Community Services

Kate and Charles-Roger talk about WEAVE's learning programs for young people, including Indigenous Australians, that are designed to empower people with mental health issues including homelessness, depression, addiction, etc.

The Artful Dodgers

Marianna Codognotto, Coordinator – Jesuit Social Services

Marianna will talk about this creative studio that has embraced the idea of using art as a hook to engage at risk youth. The Artful Dodgers is helping foster a new collective of musicians, painters and creative artists who may not have otherwise had the chance to pursue their creative dreams.

Transitioning from the military

Melissa Russell, National Transition Director – Soldier On

Melissa will talk about Soldier On's programs that support people transitioning from the military into employment and education and how this supports the mental health and wellbeing of ex-servicemen and women (and their families).

Staying connected

Nan Bosler, President – Aust Seniors Computer Club Association

Vivian Evan – Broadband for Seniors

Nan and Vivian will talk about the role of community learning programs, such as the Broadband for Seniors program, that enable seniors to be resilient, better anticipate transitions and to self-manage health and wellbeing.

2:25 pm – 2:30 pm **Closing remarks**

DATE: Friday 14th October 2016 **TIME:** 10:30 am to 2:30 pm

LOCATION: Canberra Institute of Technology, K Block, 37 Constitution Ave, Reid ACT 2601.

ABOUT US: Adult Learning Australia (ALA) is the national peak body for adult and community education (ACE): <https://ala.asn.au>